

Spot Shot Drills

The spot shot is a good practice drill for practicing cut shots, and this is the way to get twice the benefit from it. Set up a spot shot with cue ball in hand in back of the line and shoot to pocket in either the left or right end pocket. Once you can pocket these with relative ease, take the next step. Switch grip hands. That's right, if you normally shoot right-handed, line up the shot left-handed. Stay down and follow through!

The idea you are working towards is a practice routine shooting the first cut shot right-handed and then switching, Challenge a friend to the best out of three.

The object is to build up your opposite hand shooting. The goal is to become proficient shooting from either side. This will give you an advantage over your opponents.

Every advantage you can get over your opponent is good, right?

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